

What's Wrong With This Picture?



1. Keyboard placed too high for work area — forces wrists to bend upward.
2. Both monitors placed too high for user.
3. Monitors placed to the side force user to twist head.
4. Monitor turned toward window causes glare.
5. Desktop configuration does not allow keyboard and monitor to be placed in front of user.
6. Wrists rest on sharp desk edge.
7. Poorly designed chair promotes poor posture and 4-prong base may allow tipping.
8. Feet do not rest flat on floor.
9. Messy, cluttered area shows that little thought went into workstation setup.
10. Two computer systems crammed into one small work area does not allow users enough room to work comfortably.